

I am delighted that His Holiness, the Dalai Lama has taken the time to adorn this book with a few words of wisdom. It is a brand of wisdom which has molded him into a consummate human being, a beacon of love, compassion, and understanding. The endorsement of the efficacy of imagery by a man who is a profound scholar and who has thoroughly explored the far reaches of the human mind by meditation, undoubtedly will be an inspiration to many researchers.

In conclusion, I cordially thank all contributors. Each chapter uniquely elucidates many questions, poses new ones, and enriches the debate. Also I am grateful to the staff of Baywood Publishing Company, especially to its president, Stuart Cohen, and Bobbi Olszewski, Julie Krempa, and **Joi Tamber-Brooks**, for their patience, cooperation, and valuable guidance. At the Marquette University Department of Psychology, I am indebted to Sherri Lex for her expert help, and particularly to Sue Farrell for her cheerful, generous, and conscientious assistance and her kind support throughout the preparation of this volume. Also, I would like to express my sincere appreciation to Marquette University for the assistance provided to me through its sabbatical leave program.

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